HOW DO THE FIT KIDS FEEL?

ACTIVITY: NEXT TO EACH PICTURE, WRITE DOWN HOW YOU THINK EACH FIT KID IS FEELING. How do you know they are feeling that way?

I think _____

because _____

I think _____

because _____

I think _____

because _____

I think _____

because _____

I think _____

because _____

Fitness for Kids CHALLENGE | **Independent Health FOUNDATION**

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